

R.O.S.E Academy

R.O.S.E Academy, a mentoring program for inner city youth, provides multifaceted mentoring and training activities targeted to youths between the ages of 10 and 18. Topics include Goal-Setting, the staple of the program; Time Management, Interview Skills, Money Management and Communications. The R.O.S.E Academy seeks students with the ability and desire to excel in a demanding yet fun program that is designed to help youth learn the secrets of improving communication and life skills through personal development.

R.O.S.E Academy is separated into two learning groups Life Skills and Youth Leadership. Life Skills focuses on the development growth of belonging and generosity for our youth between the ages of 10-12 years old. Youth Leadership focuses on the development growth of mastery and independence for our youth between the ages of 13-18 years old. The groups will initially be instructed separately and throughout the course of the program the two groups will intertwine to collaboratively complete workshops.

R.O.S.E believes when these growth needs are met then youth have a higher degree of leading a self-secure, pro-social approach to life. Contrary, when these growth needs are not met or lack balance then emotional and behavioral difficulties can ensue. Thus, meeting universal growth needs and enhancing life skills achievement becomes essential components for youth to transition into adulthood.

Location:

Harrisburg – R.O.S.E Community Engagement Center – 19 ½ N 4th Street, Harrisburg, PA 17101

Days and Hours of Operation:

R.O.S.E Academy will be facilitated Monday and Wednesday every week between the hours of 4pm- 6pm over a 32-week program year.

R.O.S.E Academy will reserve one Saturday a month to take youth enrolled in program on an education-based field trip during program year.

R.O.S.E Academy

Learning Groups:

Life Skills (9-12 years old)

- **Belonging:**
 - Provide an abundance of opportunities to connect with peers through use of structure and unstructured activities
 - Provide opportunities for youth and adults to be together in meaningful situations (mentoring)
 - Facilitate the development of life-long connections with family, friends and significant adults/youths for all youth
 - Practice valuing diversity (including culture, generational difference, sexual orientation, political views, religious views, opinions/views about policies, procedures, and program rules, educational goals, etc.)

- **Generosity:**
 - Provide service learning and volunteer opportunities based on individual youth's interest and goals rather than having all participants "Volunteer" at a pre-arranged facility/opportunity
 - Discuss the impact of youth's actions and in-actions on themselves, their peers, their community and the world
 - Recognize youth when they select and complete a service learning project
 - Provide youth with the tools they need to be successful at the service learning opportunity (do they need tools, books, a class on a specific topic, a supportive adult to talk to, transportation arrangements, etc.)

Youth Leadership (13-18 years old)

- **Mastery:**
 - Provide opportunities for hands-on activities and experiential learning
 - Incorporate competitive and cooperative games/sports
 - Lifelong learning – MODEL that all people have opportunities to learn and, at times, failures are part of learning and growing
 - Provide practice opportunities to develop life skills instead of limiting it to classroom

- **Independence:**
 - Expect youth to make decisions (give responsibility to teach responsibility)
 - Ensure youth are actively involved in planning not only their "case plan," but also program design, evaluation and implementation
 - Give youth "real work" with real responsibilities and opportunity to grow
 - Ensure youth know it is OK to seek guidance and advice – Independence does not translate isolated or abandoned
 - Provide youth the tools and skills they needed to make decisions and make mistakes opportunities for learning

R.O.S.E Academy

Phases: Life Skills

- **Introduction to Organization**

- This phase is where the mentees are introduced to whom & why R.O.S.E was established. Also an opportunity for the members of R.O.S.E to build a connection with the mentees and their families.

- **Workshops & Seminars**

- This phase the mentees will be exposed to:
 - Life Skills/Character building
 - 2 workshops/seminars per month

- **Exposure to Volunteer Opportunities**

- This phase will consist of:
 - Exposing the mentees to the volunteer work that have interest in
 - Mentees get at the least 6-8 volunteer hours a month

- **Creation of Volunteer Initiatives**

- This phase will consist of:
 - Youth will implement a volunteer initiative in their community

R.O.S.E Academy

Phases: Youth Leadership

- **Introduction to Organization**

- This phase is where the mentees are introduced to whom & why R.O.S.E was established. Also an opportunity for the members of R.O.S.E to build a connection with the mentees and their families.

- **Workshops & Seminars**

- This phase the mentees will be exposed to:
 - Life Skills/Character building
 - 2 workshops/seminars per month

- **Exposure to Career Opportunities**

- This phase will consist of:
 - Exposing the mentees to the career field that have interest in
 - Having the mentees go through the day-to-day operations of the career
 - Mentees get at the least 6-8 hours a month of experience

- **Career/College Search**

- This phase will consist of: College Tours, Career Fair Visits, ect.

Mentee Application

Parent/Guardian Application Questions

Please answer **ALL** the following questions as completely as possible. If more space is needed, use an extra sheet of paper or write on the back of this page.

1. Why do you (or your child) want to participate in the R.O.S.E Academy?
2. Is your child available to meet/talk with a mentor eight hours per month and communicate at least twice a week for twelve months? Please explain any particular scheduling issues.
3. Is your child willing to attend an initial Student Mentee training session and two in-service training sessions per year after being accepted to the R.O.S.E Academy?
4. Is your child currently having any problems either at home or school? If so, please provide information that may be helpful for us to know as we work with your child.
5. Has your child experienced any traumatic events (i.e., death in the family, abuse, divorce)? If yes, please provide information you consider appropriate.
6. Can you provide any additional background information that may be helpful to R.O.S.E Academy?

Mentee Application

Parent/Guardian Information and Consent

Please read and sign the following to indicate your consent for your son/daughter to participate in the R.O.S.E Academy.

After we receive your completed application, we evaluate the information provided and let you know whether your child has been accepted into the program.

Please initial and date each of the following:

_____ I give my informed consent and permission for my child to participate in the R.O.S.E Academy and its related activities.

_____ I agree to have my child follow all R.O.S.E Academy guidelines and understand that any violation on my child's part may result in suspension and/or termination from the R.O.S.E Academy.

_____ I hereby acknowledge that my child may be transported by an R.O.S.E Academy representative while participating in the R.O.S.E Academy and that such transportation is voluntary and at his/her own risk.

_____ I release the R.O.S.E Academy of all liability of injury, death, or other damages to me, my child, family, estate, heirs, or assigns that may result from his/her participation in the program, including but not limited to transportation, and hold harmless any R.O.S.E Academy mentor, Case Manager/Principal, or other representatives, both collectively and individually, of any injury, physical or emotional, other than where gross negligence has been determined.

_____ I agree to allow R.O.S.E Academy to use photographic images of my child taken while participating in the R.O.S.E Academy. These images may be used in promotions or other related marketing materials. (optional)

I understand I must return all of the following *completed* items along with this application, and that any incomplete information will result in the delay of my child's application being processed:

- Contact and Information Release Form (attached)
- Interest Survey Form (attached)

By signing below, I attest to the truthfulness of all information listed on this application and agree to all the above terms and conditions.

Parent/Guardian Signature

Date

Mentee Application

Contact and Information Release

(To be completed by the Parent/Guardian)

Youth's Name: _____ Date: _____

School: _____

I hereby grant permission for R.O.S.E Academy to contact my child and conduct a personal interview for the purposes of applying to be a Student Mentee. R.O.S.E Academy may also make contact with my child on school premises for the purposes of screening and interviewing as well as ongoing support of his/her participation in the mentoring program.

I authorize R.O.S.E Academy to obtain any needed information regarding my child from his/her school's Principal or other official, including academic and behavioral records and conversations with teachers, counselors, and other administrative representatives.

Further, I understand that basic information about my child will be anonymously (without names) shared with a prospective mentor(s) to aid in determining a suitable match. Once a Mentor/Student Mentee match is determined, my and my child's identity and other relevant information will be shared with the mentor to the extent it aids in facilitating a successful match.

Parent/Guardian Signature

Date

Parent/Guardian Name (please print): _____

Address _____ City _____ State _____ Zip _____

Phone number if available: _____

Email address, if available: _____

Mentee Application

Student Mentee Interest Survey

(To be completed by youth)

Please complete all the following. This survey will help R.O.S.E Academy know more about you and your interests and help us find a good match for you.

Student Name: _____

What are the most convenient times for you to meet with your mentor? Please check all that apply. Weekdays: ___ Lunchtime: ___ After school: ___ Evenings: ___

Weekends (please specify): _____ Other: _____

1. Do you speak any languages other than English? If so, which languages?
2. What are some favorite things you like to do with other people?
3. What are your favorite subjects in school?
4. If you could learn about a job/career, what would it be?
5. What are your favorite subjects to read about?
6. What is one goal you have set for the future?
7. If you could learn something new, what would it be?
8. What person do you most admire and why?
9. Describe your ideal Saturday.

List any other areas of special interest: