

R.O.S.E Academy

R.O.S.E Academy, a mentoring program for inner city youth, provides multifaceted mentoring and training activities targeted to youths between the ages of 10 and 18. Topics include Goal-Setting, the staple of the program; Time Management, Interview Skills, Money Management and Communications. The R.O.S.E Academy seeks students with the ability and desire to excel in a demanding yet fun program that is designed to help youth learn the secrets of improving communication and life skills through personal development.

R.O.S.E Academy is separated into two learning groups Life Skills and Youth Leadership. Life Skills focuses on the development growth of belonging and generosity for our youth between the ages of 10-12 years old. Youth Leadership focuses on the development growth of mastery and independence for our youth between the ages of 13-18 years old. The groups will initially be instructed separately and throughout the course of the program the two groups will intertwine to collaboratively complete workshops.

R.O.S.E believes when these growth needs are met then youth have a higher degree of leading a self-secure, pro-social approach to life. Contrary, when these growth needs are not met or lack balance then emotional and behavioral difficulties can ensue. Thus, meeting universal growth needs and enhancing life skills achievement becomes essential components for youth to transition into adulthood.

Location:

Harrisburg – R.O.S.E Community Engagement Center – 19 ½ N 4th Street, Harrisburg, PA 17101

Days and Hours of Operation:

R.O.S.E Academy will be facilitated Monday and Wednesday every week between the hours of 4pm- 6pm over a 32-week program year.

R.O.S.E Academy will reserve one Saturday a month to take youth enrolled in program on an education-based field trip during program year.

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Learning Groups:

Life Skills (9-12 years old)

- **Belonging:**
 - Provide an abundance of opportunities to connect with peers through use of structure and unstructured activities
 - Provide opportunities for youth and adults to be together in meaningful situations (mentoring)
 - Facilitate the development of life-long connections with family, friends and significant adults/youths for all youth
 - Practice valuing diversity (including culture, generational difference, sexual orientation, political views, religious views, opinions/views about policies, procedures, and program rules, educational goals, etc.)

- **Generosity:**
 - Provide service learning and volunteer opportunities based on individual youth's interest and goals rather than having all participants "Volunteer" at a pre-arranged facility/opportunity
 - Discuss the impact of youth's actions and in-actions on themselves, their peers, their community and the world
 - Recognize youth when they select and complete a service learning project
 - Provide youth with the tools they need to be successful at the service learning opportunity (do they need tools, books, a class on a specific topic, a supportive adult to talk to, transportation arrangements, etc.)

Youth Leadership (13-18 years old)

- **Mastery:**
 - Provide opportunities for hands-on activities and experiential learning
 - Incorporate competitive and cooperative games/sports
 - Lifelong learning – MODEL that all people have opportunities to learn and, at times, failures are part of learning and growing
 - Provide practice opportunities to develop life skills instead of limiting it to classroom

- **Independence:**
 - Expect youth to make decisions (give responsibility to teach responsibility)
 - Ensure youth are actively involved in planning not only their "case plan," but also program design, evaluation and implementation
 - Give youth "real work" with real responsibilities and opportunity to grow
 - Ensure youth know it is OK to seek guidance and advice – Independence does not translate isolated or abandoned
 - Provide youth the tools and skills they needed to make decisions and make mistakes opportunities for learning

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Phases: Life Skills

- **Introduction to Organization**

- This phase is where the mentees are introduced to whom & why R.O.S.E was established. Also an opportunity for the members of R.O.S.E to build a connection with the mentees and their families.

- **Workshops & Seminars**

- This phase the mentees will be exposed to:
 - Life Skills/Character building
 - 2 workshops/seminars per month

- **Exposure to Volunteer Opportunities**

- This phase will consist of:
 - Exposing the mentees to the volunteer work that have interest in
 - Mentees get at the least 6-8 volunteer hours a month

- **Creation of Volunteer Initiatives**

- This phase will consist of:
 - Youth will implement a volunteer initiative in their community

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Phases: Youth Leadership

- **Introduction to Organization**

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- **Workshops & Seminars**

- This phase the mentees will be exposed to:
 - Life Skills/Character building
 - 2 workshops/seminars per month

- **Exposure to Career Opportunities**

- This phase will consist of:
 - Exposing the mentees to the career field that have interest in
 - Having the mentees go through the day-to-day operations of the career
 - Mentees get at the least 6-8 hours a month of experience

- **Career/College Search**

- This phase will consist of: College Tours, Career Fair Visits, ect.

MENTOR APPLICATION

7. If the answer is YES to questions 5 or 6, please explain below:

8. Educational Background (mark one):

- | | |
|-------------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Some high school | <input type="checkbox"/> Graduate/professional school |
| <input type="checkbox"/> High school graduate | <input type="checkbox"/> Technical school |
| <input type="checkbox"/> Some college | <input type="checkbox"/> College graduate |
| <input type="checkbox"/> Other (please specify) _____ | |

9. Why do you want to become a mentor? _____

10. What days of the week are you available to volunteer? (check all that apply):

- Monday Tuesday Wednesday Thursday Friday Saturday Sunday

11. What is the best time for you to volunteer? (check all that apply):

- Mornings Afternoons Evenings Weekends

12. Please list four references (please include at least one family member, one personal friend and one work reference):

Name _____	Name _____
Address _____	Address _____
City _____ State/ZIP _____	City _____ State/ZIP _____
Phone number _____	Phone number _____
Relationship _____	Relationship _____
Name _____	Name _____
Address _____	Address _____
City _____ State/ZIP _____	City _____ State/ZIP _____
Phone number _____	Phone number _____
Relationship _____	Relationship _____

In making this application to be a volunteer, I understand that the R.O.S.E Academy routinely performs criminal and driving record checks of all volunteers for the position of mentor for which I am applying. This check may be done on me if I sign below. If I fail to sign, it may be grounds for rejecting me as a mentor.

I certify to the best of my ability that the information provided on this application is true and accurate. I also understand that misinformation knowingly provided here, and on subsequent mentor application forms, is grounds for dismissal.

Signature

Date

MENTOR APPLICATION

Optional Information:

1. Do you prefer working with a Girl Boy No Preference
2. Do you prefer working with a quiet, reserved child? Yes No No Preference
3. Do you prefer working with an outgoing child? Yes No No Preference
4. Do you speak a foreign language? _____ If yes, please specify: _____
5. Please list any hobbies or interests you may have: _____

6. What would you like to do with a mentee? _____
7. What clubs or groups, if any, do you belong to? _____

8. My favorite subject in school was _____
9. My least favorite subject in school was _____
10. What qualities would you like in a mentee? _____
11. What individual has served as a role model for you? Why? _____

12. If you could recommend one book for your mentee to read, what would it be?
